



The Newsletter of David Lawrence Center CENTERED

COLLABORATION HELPS PILOT INNOVATIVE, WEB-BASED TELEHEALTH MENTAL HEALTH SERVICES



From the CEO
Scott Burgess

David Lawrence Center is continuing to find ways to mobilize its strategic plan in exciting and innovative ways. One wonderful example of advancing several priorities including: on-going innovation, increasing partnerships and enhancing access to care, is our expansion in TeleHealth mental health services. DLC was an early adopter of telepsychiatry between our satellite locations and other providers, but now has increased capacity to providing direct web-based counseling throughout the state of Florida. This has been made possible through a new pilot with Alienated Grandparents Anonymous (AGA). The Center is a treatment partner for AGA grandparents who need additional support outside of the scope of the self-help support group.

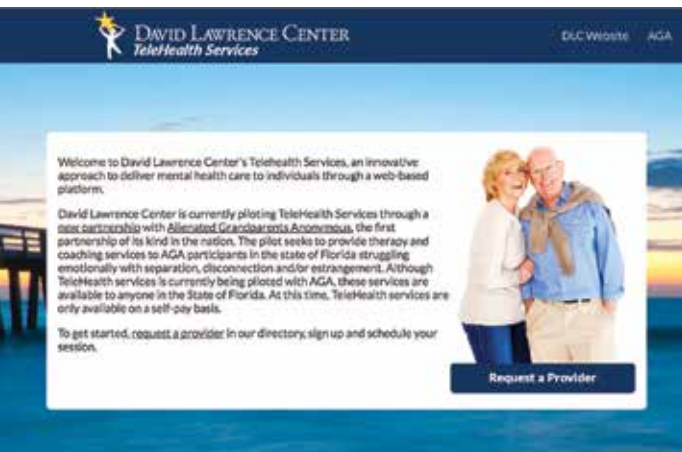
“Anyone in need of therapy, crisis support or coaching can access this innovative, web-based TeleHealth program using our secure, online platform.”

– SCOTT BURGESS, CEO

Our specially trained therapists in the areas of grandparent alienation, parental alienation syndrome, trauma and separation can be accessed through any computer with a built-in video camera. HIPAA compliant, face-to-face video counseling sessions can happen anytime from anywhere with a secure internet connection. Clients can also schedule appointments, download forms and make payments through the platform.

There are many reasons alienation can happen that include everything from divorce, differing opinions, personality disorders, new relationships and unresolved trauma. The goal of the collaboration is to prevent unnecessary suffering from depression, anxiety, grief and loss as well as any unresolved trauma that is affecting an individual’s ability to live life to its fullest potential and achieve a positive, healthy living.

This innovative program promotes continuity of care and access to mental health services by providing our qualified, expert treatment professionals with a convenient and effective tool for facilitating successful sessions online. Although TeleHealth services is currently being piloted with AGA, these services are available to anyone in the State of Florida and we have plans to expand this once the pilot is complete.



DLCTeleHealth.org

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David Lawrence Center is a not-for-profit, 501(c)(3) organization and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. The Center is funded in part by the State of Florida Department of Children and Families (DCF) and the Department of Housing and Urban Development (HUD), Collier County Department of Housing, Human and Veteran Services, and private donations made through the fundraising efforts of the David Lawrence Foundation.

PROGRAM NEWS

CrossroadsNaples.org New Addiction and Recovery Online Resource

A new online resource for individuals seeking help with substance dependence and addiction issues is now available at CrossroadsNaples.org. The site went live in December and was designed to help showcase the recent investments made to the David Lawrence Center's comprehensive continuum of innovative and holistic services and renovations to the Crossroads facilities to potential clients as well as provide important resources for their families.

CrossroadsNaples.org is designed to help individuals find help for themselves, their family, or their patients. The site features information about available treatment options including inpatient detoxification, residential programs and intensive outpatient treatment as well as complementary programs such as medication-assisted treatment, pet therapy, yoga, art therapy, equine-facilitated psychotherapy and comprehensive wellness programs. Many

SUCCESS STORY

Megan seemed like any other rebellious, outspoken teenager. She was struggling in school, fighting with her brothers and not getting along with her friends. But much to her mother's dismay, at just 15, the troubled teen, beloved by her family and friends, had done the unthinkable – attempted to take her own life. When her mother, Rhiannon,

"I thought I was going to lose my child. DLC made sure I didn't. I have so much gratitude for everything they've done for her and continue to do for her."

– RHIANNON, MEGAN'S MOTHER

found her passed out on the floor with empty pill bottles surrounding her, she rushed her to the emergency room and Megan was later admitted to the Children's Crisis Unit – a move that would save her life.

After spending several days on the Unit being stabilized, her cry for help was



"With dynamic and interactive resources, we believe that CrossroadsNaples.org will be a nationwide resource for individuals and their family members that are seeking life-changing wellness and recovery options."

– SCOTT BURGESS, CEO

past clients have also shared their success stories on the new website in the hopes of inspiring others to get help now. Extending a reach beyond Southwest Florida, the David Lawrence Center has integrated a blog with healthy lifestyle tips, a great deal of video content as well as a Twitter hashtag #crossroadstod to share inspirational quotes in the "Thought of the Day" section.



RHIANNON PAYNE, MEGAN MORRIS

answered in the form of weekly in-home family and individual counseling and medication management from a DLC child and adolescent psychiatrist who began treating her for depression and ADD. Slowly, but surely she came out of her shell, began to realize all that she had in life to look forward to and once again found joy in activities and friends.

In just a short year, Megan has found parts of herself that she loves and appreciates and knows she is surrounded by people who she can turn to. Today she is shining by performing in her school choir, making good grades and helping others by sharing her story.

COLLABORATIONS AT WORK

New Initiatives with Collier County Public Schools

Through efforts spearheaded by Dr. Kamela Patton, Superintendent of Collier County Public Schools, a new committee of mental health leaders from the schools and DLC has been established to focus solely on developing new strategies and initiatives that will assist with prevention, early intervention, treatment and improved care coordination for children with mental health concerns. Through an open dialog, the group is identifying ways to intervene early and address concerns to improve safety, wellness and student achievement.

"Our collaborative partnership is aimed at improving student achievement by addressing any mental health concerns which may exist."

– KAMELA PATTON, SUPERINTENDENT CCPS

Several successful outcomes have already been developed by this committee with much more action steps yet to come. The first is the placement of a new DLC School Liaison, funded by the Naples Children and Education Foundation, who will be available for guidance counselors, teachers and nursing staff to coordinate referrals and improve communication between DLC



SCOTT BURGESS, DLC CEO AND DR. KAMELA PATTON, SUPERINTENDENT OF CCPS

clinical staff and the schools on existing clients. The second was a specialized training for more than 50 school guidance counselors developed by DLC Clinical Supervisor Nancy Dauphinais about the growing problem of the self-injurious behavior known as cutting. Lastly, DLC will certify another 50 school personnel in Youth Mental Health First Aid so they can understand the risk factors and warning signs of a variety of mental health challenges and the how to intervene.

This community collaboration is committed to the health and happiness of our children and is dedicated to addressing the complex needs and challenges of today's youth.

ISSUES & ANSWERS

About Cutting and Deliberate Self Injury

By Nancy Dauphinais, LMHC

Injuring yourself on purpose by deliberately inflicting physical harm to your body is called self-injurious behavior and can include behaviors such as cutting, scratching, burning, biting, pulling out hair, burning your skin with an eraser, etc. One of the most common forms is known as "cutting" where the skin is cut with a sharp object – enough to break the skin and make it bleed.

Cutting and self-injury can be associated with mental disorders such as:

- Depression
- Bipolar disorder
- Eating disorders
- Obsessive/Compulsive disorders
- Impulse control disorder
- Substance use disorders
- Post-traumatic stress disorder

Deliberate self-harm is a way some people try to cope with the pain of strong emotions, intense pressure, or upsetting relationships. They may be dealing with feelings that seem too difficult to bear or bad situations they think can't change. Some people cut because they feel desperate for relief from bad feelings or using cutting as way to



NANCY DAUPHINAIS, LMHC

express strong feelings of rage, sorrow, rejection, desperation, longing, or emptiness.

The physical dangers of deliberate self-harm include risk of losing too much blood, infection and spreading communicable diseases through shared instruments. But there are also hidden emotional dangers to cutting. It can be habit-forming and become a compulsive behavior.

If you are concerned that someone you know may be engaging in deliberate self-harm, look for scratches, burns or scars usually found on the wrists, arms, legs or bellies. Individuals who cut may be wearing long-sleeved shirts or pants in warm weather and seem secretive or evasive in an effort to avoid people seeing their injuries. They may have changes in mood, veer from their normal behaviors and activities as well have problems with work, school, social or family life.

Individuals who self-injure, need help with the underlying troubles that led to these behaviors in the first place. Talking with a mental health professional can help. Walk-in assessments with no appointment necessary are available through Admission Services located in building B-1 on the David Lawrence Center main campus.

David Lawrence Center SPECIAL EVENTS

Pierre and Harry Grand Opening

Martha Talton and Cullen Talton Daane, co-owners of Pierre & Harry, a Naples-based pearl and gemstone jewelry company, recently celebrated the grand opening of their new Old Naples store by donating 10% of the proceeds from the day's sales. Many DLC supporters were spotted perusing everything from pearl wardrobe basics to heirloom pieces. The night's proceeds raised \$1,600 for the Center's programs.



HELEN HAWN, ANDREA DEANE, COURTNEY OTT, JILL BASDEN, MARTHA TALTON



JAN & JIM SUCKOW



CULLEN DAANE, MARTHA TALTON, ANDREW DAANE



LUNDY HEDGES, SUSAN DEVOE
Photos by Jim Brown

Third on Canvas Art Auction

Once again, David Lawrence Center was the beneficiary of Third Street South's Third on Canvas Art Auction. More than 75 people attended and generously bid on the beautiful works of art of 25 talented local artists who spent several days painting the buildings, original cottages, fountains, plazas, and courtyards of the Third Street South Historic District. Hundreds more watched the artists paint, attended artist's demonstrations and placed sealed bids at the preview party all while being exposed to the Center's mission. The event raised nearly \$7,500.



MARY ALLEN, CANDACE FORSYTH, JANINE WESSELMAN, VALERIE KRATZ*



TISH HOMAN, EMERSON CALDERON



ALESSANDRA HIGGS, AARON LAPP



BRUCE & LUCY FARRELL, BROOKE WITT*
**Photos by Mila Bridger*



Young Executives Gulf Ball

The David Lawrence Center Young Executives held its 5th Annual Gulf Ball in December. Their signature event, held annually at a beautiful location on the Gulf, provided opportunities for freindraising and fundraising for the more than 100 people who attended. Between ticket sales, the silent auction and the introduction of the new giving tree nearly \$5,500 was raised.



LAUREN RENNE, KYLEN MORAN



KIM CARONCHI, ALEXIS WEBSTER, MEGAN HOMAN, ROSE MARY BARON



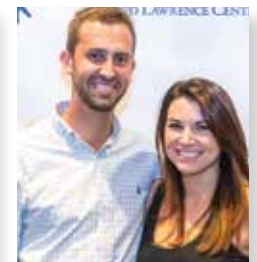
JASON SCHWARTZ, JOCELYN HORENCI DILLMAN, JESSICA REESE, ALEXANDRA DEANE



TRISHA & ERIC BORGES



MATT SUTTON, ALLISON DURIAN, RACHEL BARLOW, ERICA CONKLIN



BOBBY VAUGHN, SAMANTHA FIENI

David Lawrence Center SPECIAL EVENTS

Signatures of Greece, An Elegant Evening at the Parthenon

Co-Chairs Caryn Buechel, Jenny Haire and Renae Burgess and their committee planned an elegant, exquisite evening at the Parthenon – Naples style – at the Signatures of Greece annual destination themed gala where we celebrated our honored guests Marissa, Burt and Jay Hartington. The festivities began with a VIP patron party the week before. The night of the gala supporters dressed to the 9's in ancient Greece inspired attire including everything from gold leaf headdresses and white one shoulder gowns to Greek warrior helmets and gold arm cuffs. The more than 300 people in theme opened their hearts to raise \$109,000 for children's wrap around services during the fund-a-need. Through the generosity of our guests along with our many sponsors and silent auction donors the gala successfully raised \$240,000 for the Center's mission.



RENAE BURGESS, CARYN BUECHEL,
JENNY HAIRE



SCOT & ROBIN HAMILTON, RON MCGINTY



GEORGE ZUNDELL, SUE LENNANE, BURT
HARTINGTON



ELAINE HAWKINS



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Sound Minds

More than 100 people attended the inaugural Sounds Minds mental health symposium and music festival. The first of its kind in Collier County, the event started an important community conversation around mental health by educating attendees about cutting edge research being funded by our partner IMRHO, the International Mental Health Research Organization, and how David Lawrence Center's psychiatrists are implementing that treatment locally. The event was underwritten by our education partner Naples Children and Education Foundation, and raised \$40,000 for IMRHO's ongoing research and David Lawrence Center's programs and services.



RENAE BURGESS, MARY BETH CRAWFORD



WILLIAM & ANN BAIN



TRISTA MEISTER, ALLISON DURIAN, SHANNA SHORT, RACHEL BARLOW, LUSY GARCIA, MATT SUTTON, KRISTIN VAUGHN



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GELTEMEYER



DR. SCOTT RUSSO



PATTI & RALPH MIESEL, BEV CHERRY



MARIA & JORGE LARA

SAVE THE DATE

YOUNG EXECUTIVES BEACH BUM 5K

APRIL 11, 2015

Join the DLC Young Executives and Gulf Coast Runners for a fun, family friendly (non-chipped) 3.1 mile morning run or walk on the beautiful Naples Beach. This event starts at



Lowdermilk Park and includes refreshments, great giveaways and race apparel as well as opportunities to win unique prizes. Awards will be given to the top three overall male and female participants. Race begins at 7:30 a.m.

Proceeds from race registrations will be shared between David Lawrence Center to support programs and services, and Gulf Coast Runners Youth Development Fund to help defray college expenses for area youth.

Adult registration is \$20 until April 10th, and \$25 on race day. Students (18 and Under) are \$10. Register online at DavidLawrenceCenter.org or call the David Lawrence Foundation at (239) 304-3505 for more information and sponsorship opportunities.

FUNDING UPDATE

New State Funding for Innovative Medication-Assisted Treatment

Through a new appropriation passed by the Florida Legislature, funds are now being administered by the Florida Alcohol and Drug Abuse Association to provide medication-assisted treatment (specifically Vivitrol®) to treat alcohol and opioid-addicted offenders in community-based drug treatment programs.

Currently, very few substance abuse recovery programs include medication-assisted treatment (MAT). David Lawrence Center utilizes MAT in the Crossroads residential, intensive outpatient and outpatient treatment settings to help increase sobriety and reduce relapse. This cutting-edge treatment approach is the sought after standard of best practice in substance abuse programming. Our board-certified addictionologist and psychiatrist provides this highly specialized service in combination with counseling and behavioral therapies to more effectively treat substance use disorders.

Now patients in need in any court ordered treatment program can get the costly medication and associated medical services for free. To date, Florida ranks second-to-last in the country for providing substance abuse treatment.



Vivitrol® is a non-addictive extended-release injectable form of naltrexone that blocks the effects of opioids and alcohol cravings.

In recent years, there were spikes in prescription pain-killer related deaths, likely the result of Florida being named the "pill mill capital" of the country with federal authorities indicating that 98 of the country's 100 highest oxycodone-prescribing physicians working in Florida. This resulted in state and local officials being motivated to toughen laws and improve funding.

The hope is that this new treatment can help change lives, protect public safety, reunite families and result in reduced costs to taxpayers.

FACT:

Florida ranks 49th in spending for mental health services at \$39.55 per person, while the national average is \$122.56 per person.

Planned Giving

REMEMBER YOUR WILL LIFE MOVES FAST: KEEP YOUR PLANS UP TO SPEED

Life changes—sometimes suddenly and unexpectedly, sometimes with careful preparation. Read on to learn when and how to make sure your estate plans are up to par.

UPDATE YOUR PLAN.

Through a new will or revocable living trust – or a codicil or amendment modifying your old documents – you can address changes in your life, save estate taxes and leave a legacy for the future. Some examples:

- **Your family.** With births, deaths, marriages and divorces, you may want to add or delete beneficiaries or increase or decrease their shares of your estate.
- **Your property.** Events such as growth (or decline) in the value of your estate, the acquisition of a new home, or the sale or gift of property may necessitate changes to bequest provisions.
- **Your new location.** Your will should be updated if you move to a new state. Different requirements for the execution of a will as well as different state inheritance taxes and probate laws may make revisions necessary. Contact an estate planning attorney in your new state.
- **Your charitable interests.** Will your good works continue after your lifetime? Consider including a bequest to the David Lawrence Center by designating a percentage of your estate to us. Give us a call for sample bequest language to use in your will.

REVIEW YOUR CHOICE OF EXECUTOR. Recognizing the intricacies of estate settlement, you may want to consider a professional fiduciary for the role as co-executor to serve with your individual executor. A professional fiduciary is an individual or institution that acts as a representative for the assets of others. A fiduciary's experience in saving taxes and prudently managing investments can be invaluable.

SOURCE: The Stelter Company

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AARON LAPP

DAVID LAWRENCE FOUNDATION
DIRECTOR OF DEVELOPMENT



"If you have had changes to your family or financial situation, you should take another look at your estate plan."

– AARON LAPP

LOOK OVER THE BENEFICIARY DESIGNATIONS OF YOUR LIFE INSURANCE, RETIREMENT PLANS AND IRAS.

These should be coordinated with your overall estate plan to make sure your entire estate is left the way you

intend. If you want to remember the David Lawrence Center in your plans, retirement assets are the most highly taxed assets to leave to your family, making them excellent charitable gifts to support our mission.

CREATE A DURABLE POWER OF ATTORNEY. This authorizes someone you choose – perhaps your spouse or another trusted family member – to handle your financial affairs during your lifetime when you are unable to do so.

EXECUTE A POWER OF ATTORNEY FOR HEALTH CARE.

This empowers someone you choose to make health care decisions on your behalf if you are unable to make them yourself.

SIGN A LIVING WILL. This tells people what life-sustaining medical treatment you want to receive, if any, should you become terminally ill and can no longer communicate your own decisions.

Please consider remembering the David Lawrence Center in your estate plans. Call us today at 239-354-1419 to learn which gifts are best for your particular situation.



REGISTER ONLINE TO RECEIVE OUR E-NEWSLETTER:
DavidLawrenceCenter.org

LOCATION & CONTACT INFO



239.455.8500

DavidLawrenceCenter.org

MAIN CAMPUS

6075 Bathey Lane
 Naples, FL 34116
 Admissions/24-Hour
 Emergency Services
 239.455.8500

IMMOKALEE SATELLITE SERVICES

425 North First Street
 Immokalee, FL 34142
 239.657.4434

HORSESHOE DRIVE SATELLITE SERVICES

2806 South Horseshoe Drive
 Naples, FL 34104
 239.263.4013

CHILD'S PATH PRESCHOOL

3144 Santa Barbara Boulevard
 Naples, FL 34116
 239.353.4144
ChildsPath.org

ENCORE RESALE SHOP

3105 Davis Boulevard
 Naples, FL 34104
 239.775.0032
EncoreResale.org

ENCORE NEWS

New Volunteer Leads the Way

Encore is privileged to have exceptional volunteers that run the day to day operations of the store. Volunteers manage everything from sales and inventory to acquisitions and furniture repairs. Their work directly impacts Encore's ability to be a significant contributor to the overall fundraising capabilities of

"With my husband ill and being new to the area, I really needed this too... a place where I could be me and apply my 40 years of experience owning a retail business."

– VEL HECATHRON



VEL HECATHRON, ENCORE VOLUNTEER

the Foundation and furthering the David Lawrence Center's mission.

One of our most recent volunteer super stars, Vel Hecathron, who was new to the area, became a volunteer by chance when she stumbled upon the store while searching for pieces for her new home. Her first ever resale furniture purchase was a beautiful 6-piece custom built entertainment center that she knew she got for a steal.

Vel shares, "I was so impressed with the store and could tell the manager could use the extra help. With my husband ill and being new to the area, I really needed this too... a place where I could be me and apply my 40 years of experience owning a retail business." Vel also quickly put to work her vast community service experience working with the American Cancer Society where she helped open their first Hope House consignment shop and served on their Advisory Board.

Vel joined Encore's volunteer team when the store had just reopened after construction when the store transitioned to donation only and opened the new women's boutique. She quickly became the store manager's right hand and immediately took ownership of helping with the launch. From her excellent customer service skills and vast knowledge to her great eye for merchandising and business acumen, she truly has been an integral part of the success of Encore this year.