

# Important Resources in the Case of a Crisis



## IF YOUR LIFE OR THE LIFE OF OTHERS IS IN DANGER, DIAL 911

If you are in crisis, or are having thoughts of suicide or harming others, please call a crisis counselor:

- **David Lawrence Centers for Behavioral Health (DLC) Emergency Services** is available 24/7 at 239-354-1438.
- **The 988 Suicide & Crisis Lifeline** is available 24/7 by texting or calling 988.
- **The Crisis Text line** is available 24/7 for free Crisis Support in the US. Text HOME to 741741.
- **The Center for Progress and Excellence Mobile Crisis line** is available 24/7 for free in Lee, Hendry, Glades, Collier & Charlotte counties at 844-395-4432.

## ADDITIONAL (NON-CRISIS) RESOURCES:

### **DLC Nurses Helpline: 239-304-3516**

- 1) Leave a message for questions and concerns related to DLC medication management.
- 2) Please spell your name and leave your birthdate.
- 3) A nurse will return your call. Our goal is to respond to your concerns within 48 business hours.

### **If you are looking for a support group, are having trouble finding a mental health provider, or are wondering where to go for community resources:**

Call the Statewide Mental Health CLEAR Access Line: 1-800-945-1355. The CLEAR Access line provides information and referral to resources and supports for mental health challenges, as well as assists with challenges accessing mental health care and services.

- **NAMI Collier County: 239-260-7300**

For anyone with a diagnosed mental illness.

**Learn more about available support groups by visiting [www.namicollier.org](http://www.namicollier.org).**

## SUPPORT FOR SURVIVING AFTER A SUICIDE:

**American Foundation for Suicide Prevention offers a Surviving After a Suicide Support Group (S.A.S).**

**The S.A.S. group meets weekly through Zoom and twice a month in person in Naples. For more information about meeting location details and registration, visit [survivingaftersuicide.com](http://survivingaftersuicide.com).**

**Southwest Florida not-for-profit David Lawrence Centers for Behavioral Health (DLC) is dedicated to providing life-saving and life-changing behavioral health care through education, prevention, intervention, and treatment available to all.**

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**[DLCenters.org](http://DLCenters.org)**