DAVID LAWRENCE CENTERS

Overdose Prevention Handout

Please read, this information could save your life!

FACTS Regarding Overdose Prevention:

1. **Clients who have been actively using substances prior to admission are more at risk to die from an accidental overdose.**

2. **Those who have been substance free since admission will have lower tolerance for substances than when they were admitted for treatment.**

3. **If you choose to use substances when you are discharged, you can accidentally overdose, which could result in serious consequences, including death.**

4. **If you choose to return to using substances in the same amount you were abusing prior to admission, the risk of accidental overdose is very high.**

5. **We offer Medication Assisted Treatment for Opioid Use Disorder. We can offer Suboxone Maintenance or Naltrexone or Vivitrol. For Alcohol Use Disorder, we can provide Naltrexone or Vivitrol. Please call 239-354-1412 if you are interested in this life-saving treatment option.**

Please, if you feel at risk to use, SEEK HELP. Call your sponsor, a family member and/or a sober friend. In addition, David Lawrence Centers is here to help. Our 24-hour DLC emergency services number is 239-354-1438.

DAVID LAWRENCE CENTERS FOR BEHAVIORAL HEALTH™

FACTS Narcan/Naloxone Access and Usage:

ALWAYS CALL 911 IF THERE IS A SUSPECTED OVERDOSE

1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of an opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called "pinpoint pupils"

Lay the person on their back to receive a dose of NARCAN Nasal Spray.

2 Give NARCAN Nasal Spray

REMOVE NARCAN Nasal Spray from the box.
Peel back the tab with the circle to open the NARCAN Nasal Spray.

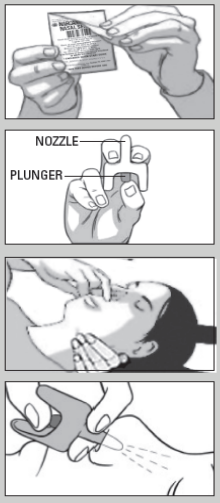
Hold the NARCAN Nasal Spray with your thumb on the bottom of the red plunger and your first and middle fingers on either side of the nozzle.

Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.

Press the red plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



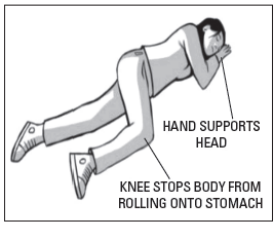
3 Call for emergency medical help, Evaluate, and Support

Get emergency medical help right away.

Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.



Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.

DAVID LAWRENCE CENTERS FOR BEHAVIORAL HEALTH™

For information on how you can obtain a Naloxone/Narcan Nasal Spray kit today, you may contact David Lawrence Centers at 239-455-8500 ext. 1527 Or you may present to one of our centers listed below:

David Lawrence Centers:
6075 Bathey Lane, Naples, FL. 34116 (kits available 24/7 in building B3)
2806 S. Horseshoe Dr. Naples, FL 34104
425 N. 1st. St. Immokalee, FL. 34142

No personal information required
DLC Emergency Services is available 24/7 at 239-354-1438

You can also request a kit be mailed directly to you via email with the following email address HQW.SAMH@Myfamilies.com

If you use the Naloxone/Narcan Nasal Spray kit to reverse an overdose:
Please call the DLC Nurses Help Line at 239-304-3516 to report use of the kit, clients will receive a return call within 48 hours to assist with kit replacements (replacement kits are available 24/7 via DLC Emergency Services).

For additional Naloxone/Narcan related questions or additional information:

- www.narcannasalspray.com or call **1-844-4NARCAN (1-844-462-7226)**
- https://isavefl.com/locator.shtml

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